

Friday 28 February,

Evening meal 20h :

Vegetable soup, roast young turkey in Oporto sauce - green beans, noisette potatoes, flavoured yoghurt,
Chocolate tart

Saturday 1 March,

Midday meal 13h :

Quiche Lorraine, Navarin (lamb casserole) - vegetable printanière and Provençal tomatoes, Edam (cheese),
chocolate doughnut.

Evening meal 20h30 :

Soup, fish Paupiette in Normandy sauce - rice and creamed carrots, yoghurt, apple tart.

Sunday 2 March,

Midday meal 12h30 :

Fish pâté in cocktail sauce, chicken fricassée and chips, Mimolette (cheese), coffee éclair.

Evening meal 19h :

Soup, beef meatballs in tomato sauce and pasta shells with gruyère, yoghurt, Basque gâteau.

Monday 3 March,

Midday meal 13h30 :

4 cheese flan, white fish in Dugléré sauce - vegetable brunoise and rice , Gruyère (cheese), vanilla slice.
Mille-feuilles

Evening meal 20h30 :

Soup, Viennese turkey escalope - steamed potatoes and creamed spinach, flavoured yoghurt , apple doughnut.

Tuesday 4 March,

Midday meal 12h30 :

Mushroom and cheese pancake, roast beef in its juice - chips and green beans, Edam (cheese), ice cream cone.

Evening meal 19h :

Soup, Chicken fondant with vegetables - fusillis and gruyère, flavoured yoghurt , custard flan

Wednesday 5 March,

Midday meal 12h30 :

Pizza (vegetarian), leg of lamb in thyme sauce - flageolet beans and steamed, Gruyère, Paris Brest (pâtisserie).

Evening meal 19h :

Soup, beef bourguignon and purée potatoes, yoghurt, apple and rhubarb tart.

Thursday 6 March,

Midday meal 12h30 :

Beetroot and tuna, potatoes chicken leg chasseur - chips and mixed vegetables , Mimolette (cheese), chocolate éclair.

Evening meal 19h :

Soup, Flemish charcoal grilled steak - steamed potatoes carrots, yoghurt, apricot flan

Friday 7 march,

Midday meal 12h30 :

Leek tart, breaded fish with Tartar sauce - rice and creamed spinach, Edam (cheese), chocolate flan.

Evening meal 19h :

Soup, chicken kebab Médina - semolina and ratatouille, yoghurt, chocolate puff.

Saturday 8 March,

Midday meal 14h :

Vegetable Macédoine and hard-boiled eggs, poultry breast with tarragon - potato gratin and carrots, yoghurt, apple
tart.